

MEDIA RELEASE

ERIE COUNTY DEPARTMENT OF HEALTH



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Free Basic Life Support and CPR Training this June

Erie, PA — This CPR and AED Awareness Month, the **Northwest Pennsylvania Medical Reserve Corps** is sponsoring free one-day **Basic Life Support and CPR Certification Renewal Training** sessions for anyone 18 years and older who wants to be prepared for an emergency in any setting.

The course teaches how to help someone (adults, children and infants) whose heart has stopped beating using the emergency lifesaving procedure CPR (cardiopulmonary resuscitation) or using the electronic device AED (automated external defibrillator). Participants will receive a course completion card valid for two years.

"The Northwest Pennsylvania Medical Reserve Corp is part of a national network of volunteers that helps communities respond to natural disasters like blizzards and public health emergencies such as disease outbreaks," said Joy Henry, program coordinator.

Any community member with or without medical or healthcare backgrounds of any skill level, ages 18 or older, is welcome to register to become a volunteer. The Northwest Pennsylvania Medical Reserve Corp serves and welcomes volunteers from Crawford, Erie, Forest, Venango and Warren Counties.

Only volunteers who have received training and are credentialed can participate in emergency response efforts. "Volunteers are needed to help keep our community safe and healthy in all public health emergencies," said Henry.

The sessions are on:

June 22 Saturday 9 am to 12 pm
Frontline Medical Training Services
898 Park Ave., Suite 12, Meadville, PA

June 25 Tuesday 5 to 8 pm
Admiral Room, Blaso Memorial Library
160 E Front St., Erie, PA

Registration is required by June 20, 2024. For details about the free training or how to register to be a volunteer of the medical reserve corps, contact mrc@eriecountypa.gov or 814-823-5205.

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