

COVID-19 ISOLATION AND QUARANTINE GUIDANCE

IF YOU TEST POSITIVE FOR COVID-19 REGARDLESS OF VACCINATION STATUS

Isolate at home for 5 days

As much as possible:

- Stay in a specific room away from other people and pets in the home
- Use a separate bathroom
- Wear a mask around other people in the home

After 5 Days

IF YOU ARE NOT EXPERIENCING SYMPTOMS

OR

SYMPTOMS ARE RESOLVING*

AND

YOU ARE FEVER FREE FOR 24 HOURS
without the use of fever reducing medication



You may leave your house

- Must wear a mask while around others during Days 6 through 10

Note: You may take an antigen test on or after Day 5, if positive isolate at home for a full 10 days

IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19

Monitor for symptoms. Get tested immediately if you become symptomatic. Isolate until you receive test results.

SCENARIO 1

If you are:

- Not Vaccinated

SCENARIO 2 (applies to age 5+)

If you:

- Completed the Pfizer or Moderna vaccine more than 5 months ago

OR

- Completed the Johnson & Johnson vaccine more than 2 months ago

AND

- Have not received a booster vaccination (or over 50 and have not had your second booster)

SCENARIO 3 (applies to age 5+)

If you:

- Completed the Pfizer or Moderna vaccine more than 5 months ago

OR

- Completed the Johnson & Johnson vaccine more than 2 months ago

AND

- Received a booster vaccination (if you are over 50 must have a 2nd booster)

*Symptoms resolving means, for 24 hours, without the use of medication, you have no: coughing, sore or painful throat, vomiting or diarrhea

THEN

- Quarantine for 5 days

- Must wear a mask when around others for 5 additional days**

- Should test on Day 5 after exposure**

If you live with someone that is positive, stay home while they are in isolation then begin your 5 days as noted above

THEN

- Quarantine for 5 days

- Must wear a mask when around others for 5 additional days***

- Should test on Day 5 after exposure**

If you live with someone that is positive, stay home while they are in isolation then begin your 5 days as noted above

THEN

- No need to quarantine

- Must wear a mask when around others for 10 days***

- Should test on Day 5 after exposure*

If you live with someone who is positive, masking is important. Mask during their isolation plus 10 days. You should mask any time you are with others, including at home

**If test is positive follow Isolation Guidance

*** If you are unable to wear a well-fitting mask, you must quarantine at home for 10 days.

For more information on CDC recommendations for vaccinations and boosters, please visit: [Stay Up to Date with Your COVID-19 Vaccines | CDC](#)