

COVID-19: HOUSEHOLD CONTACTS

Follow these instructions if you are not vaccinated or not fully vaccinated

Quarantine keeps someone who might have been exposed to the virus away from others
Isolation (isolate) keeps someone who is infected with the virus away from others, even in their home.

I LIVE WITH SOMEONE THAT IS HAS COVID-19: WHAT DO I NEED TO DO?

When you live with someone who has COVID-19 you must quarantine

Do not go to school/work or attend any social activities
Do not allow visitors into your home

You must quarantine while your household member is considered contagious (their isolation period):
10 Days

Starting the day after isolation ends for your household member, your quarantine begins.
You must quarantine for an additional 14 days for a total of 24 days
But you have options:

1

If you have NO symptoms you may get a PCR test on or after Day 15. If the test is negative you may leave quarantine on Day 18, *you must continue to monitor for symptoms, social distance and wear a mask through Day 24*

2

If you have NO symptoms you may leave quarantine on Day 21, *you must continue to monitor for symptoms, social distance and wear a mask through Day 24*

3

Quarantine at home for 24 Days

<https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/scientific-brief-options-to-reduce-quarantine.html>



**ERIE COUNTY
DEPARTMENT OF HEALTH**