

## COVID-19: CLOSE CONTACTS

*Follow these instructions if you are not vaccinated or not fully vaccinated*

*Quarantine* keeps someone who might have been exposed to the virus away from others

**I HAVE BEEN EXPOSED TO SOMEONE THAT HAS COVID-19: WHAT DO I NEED TO DO?**  
***You must quarantine***

**Do not go to school/work or attend any social activities**  
**Do not allow visitors into your home**

Day 1 of your quarantine begins the day after the last exposure to the positive person.  
The ideal time to quarantine is 14 days

**You have 3 options for quarantine:**

1

If you have **NO** symptoms you may get a PCR test on or after Day 5. If the test is negative you may leave quarantine on Day 8, ***you must continue to monitor for symptoms, social distance and wear a mask through Day 14***

2

If you have **NO** symptoms you may leave quarantine on Day 11, ***you must continue to monitor for symptoms, social distance and wear a mask through Day 14***

3

**Quarantine at home for 14 Days**

<https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/scientific-brief-options-to-reduce-quarantine.html>



**ERIE COUNTY  
DEPARTMENT OF HEALTH**

Updated: 10.8.21 PA HAN 583