

COVID-19 RESOURCES



FAMILIES FACING SUBSTANCE USE DISORDER

GET HELP NOW HOTLINE · [1-800-662-HELP \(4357\)](tel:1-800-662-HELP)

A confidential, free, 24-hour-a-day, 365-day-a-year, information service, for individuals and family members facing substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

ONLINE MEETINGS

- 12 Step Forums Al-Anon online [family group meetings](#).
- Adult Children of Alcoholics [phone and online meetings](#).
- Al-Anon [electronic meetings](#).
- [Families Anonymous](#) chats, online meetings, and phone meetings.
- Herren Project spousal, parent/family, and grief [support groups](#).
- Nar-Anon [family groups](#).
- Partnership for Drug-Free Kids [online community](#) for parents/caregivers.
- Parents of Addicted Loved Ones [telephone meetings](#).
- Parent Partnership [virtual meetings](#) - Wednesdays at 7 PM.
- [SMART Recovery meetings](#) for families and friends (pink text).

FREE PODCASTS

- Hazelden Betty Ford - [Let's Talk: Addiction and Recovery Podcasts](#)
- My Child & Addiction - [A Parent-to-Parent podcast](#)
- Pennsylvania Public Media - [Battling Opioids podcast](#)

OTHER ONLINE RESOURCES

- Get naloxone using Pennsylvania's [standing order](#).
- Partnership for Drug-Free Kids [resources for families](#).