

# MAZZITTI & SULLIVAN EAP

Many people are experiencing increased anxiety, fear, or family issues due to the ever-changing COVID-19 situation and the financial/employment impacts your families may be facing.

We would like to take a moment to remind you that **the EAP is still available and providing services** during this time.

We have made some changes to service delivery given the national and state directives on personal contact and travel during this crisis. Going forward, we are using a system of virtual and telephonic counseling that will temporarily take the place of face-to-face counseling. We have decided to do this to mitigate the risks to you, your family members, and our therapists.

Additionally, Mazzitti & Sullivan EAP Services would like to remind you of the range of services available for you and your family. Here are some of the benefits that we offer:

- Free telephonic financial consultation services with the Balance Financial Fitness Program (flyer attached)
- Telephonic and/or virtual counseling for individuals, couples, and families
- Our website is continuously updated to include the most up-to-date information on the COVID-19 pandemic. The most reliable national and state information is listed in the work/life section at the top of the page.

Visit <https://mseap.personaladvantage.com/portal/subject/10119156> and log in with your employer's Access Code if prompted. (Let us know if you need this!)

The website also has thousands of resources available on other topics important to everyone, including dealing with stress, anxiety, depression, addiction, helping elders, financial issues and legal resources.

We are here for you and your family during this most challenging time. Together we can ensure that we meet these challenges and get through them. As always, we are available if you need anything or have any questions. Please contact our main line, 1-800-543-5080 anytime, or email us at [info@mseap.com](mailto:info@mseap.com).

Our best regards,  
The staff at Mazzitti & Sullivan EAP Services