



# ERIE COUNTY DEPARTMENT OF HEALTH

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## *Erie County Health Overview*

# Erie County Department of Health

*Nationally Accredited*

*September 16, 2014*

*First in Pennsylvania*



606 West 2<sup>nd</sup> Street  
Erie, PA 16507

## **Our Mission**

To preserve, promote and protect the health, safety and well-being of the people and the environment of Erie County.

# *What is Health?*

- Well-being
  - Physical
    - Mental
      - Emotional

# *What Affects Health?*

- Healthcare access
- Socioeconomic factors
- Environment
- Health behaviors

# *How Healthy is Erie?*

- National rankings
- Gallup Healthways Well-Being Index
  - Erie City:* 181/189 MSAs in 2016
  - 180/189 MSAs in 2012
- Robert Wood Johnson Foundation County Health Rankings
  - Erie County:* 56/67 PA counties in 2017
  - 45/67 PA counties in 2016

# Community Health Blueprint

## Strategic Issues & Target Populations

	Adults	Youth	Aging Population	Low Income	Homeless	Refugee
<b>LIFESTYLE BEHAVIOR CHANGE</b>						
Nutrition	•	•	•	•	•	
Physical Inactivity	•	•	•	•		
Tobacco	•	•		•	•	
Alcohol/Other Substance Use Disorder	•	•		•	•	
<b>CHRONIC DISEASE PREVENTION &amp; CONTROL</b>						
Obesity	•	•	•	•		
Cardiovascular Disease	•		•	•		
Diabetes & Pre-Diabetes	•		•	•		
COPD/Adult Asthma Preventable Hospitalizations	•		•	•		
<b>CANCER PREVENTION &amp; EARLY DETECTION</b>						
Lung, Breast, Prostate, Colorectal	•		•	•		
<b>MENTAL HEALTH</b>						
Depression (Poor Mental Health)	•	•	•	•	•	•
Suicide	•	•				

## Overarching Challenges

POVERTY

DISPARITIES

MEDICAL & DENTAL PROFESSIONAL SHORTAGE FOR UNDERSERVED

HEALTH-RELATED TRANSPORTATION

HEALTH LITERACY: KNOWLEDGE, UNDERSTANDING, & COMMUNICATION

LACK OF A CENTRAL SOURCE OF INFORMATION & REFERRAL

HEALTH SYSTEM NAVIGATION

# Health Behaviors



- Healthy eating 👎

- Exercise 👎

- Tobacco 👎

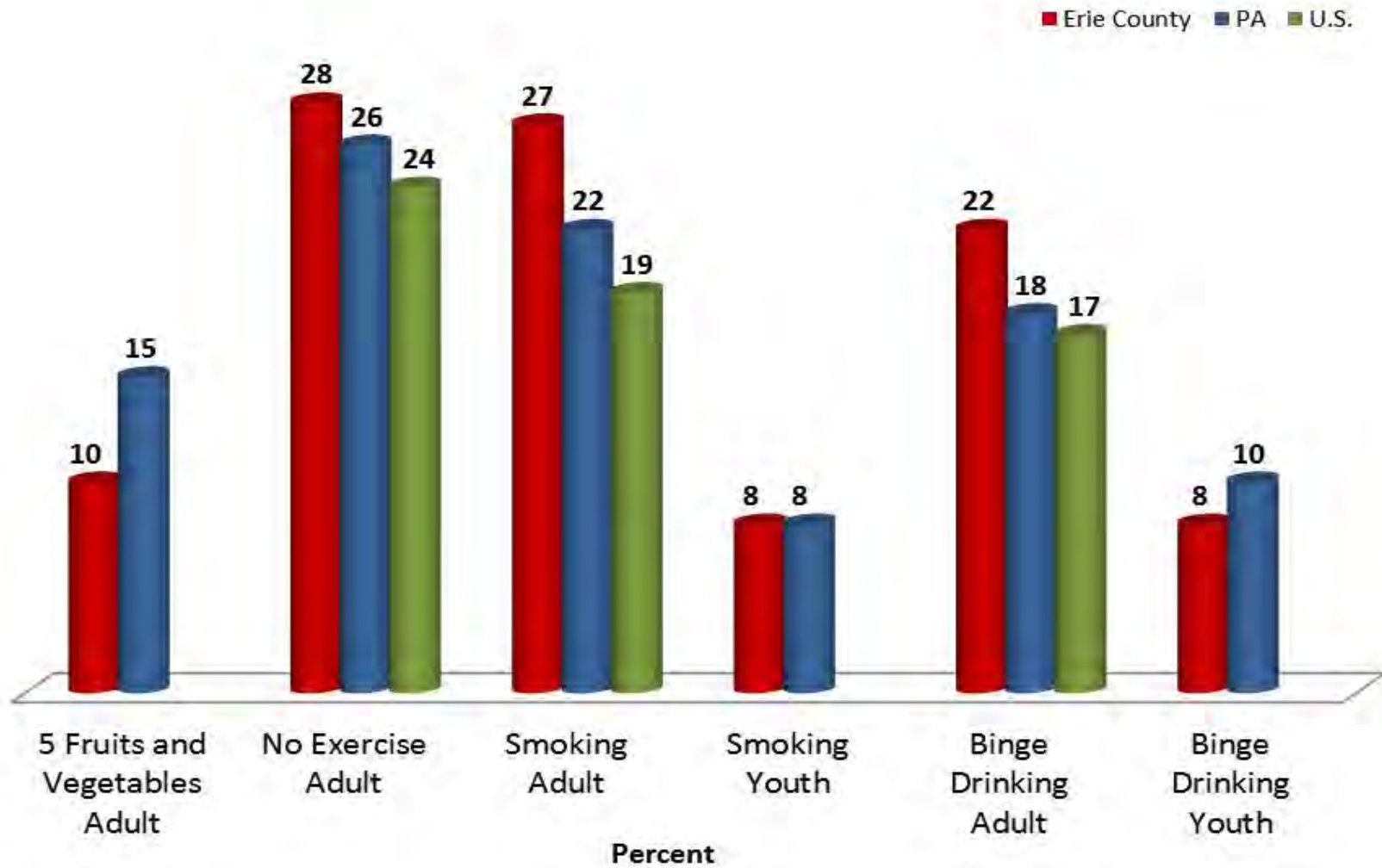
- Alcohol abuse 👎

- Substance abuse 👎

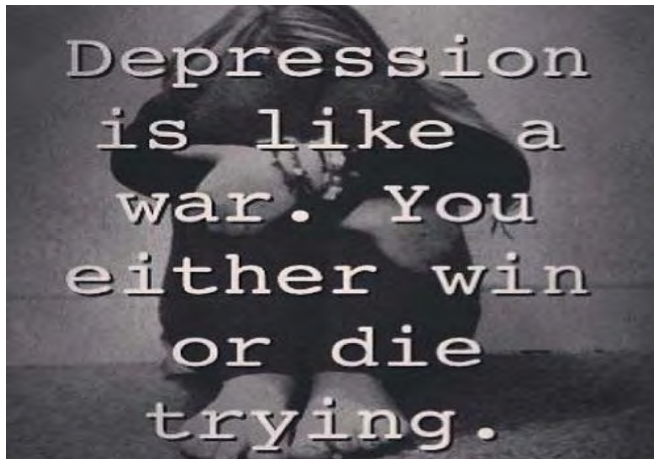




# Health Behaviors

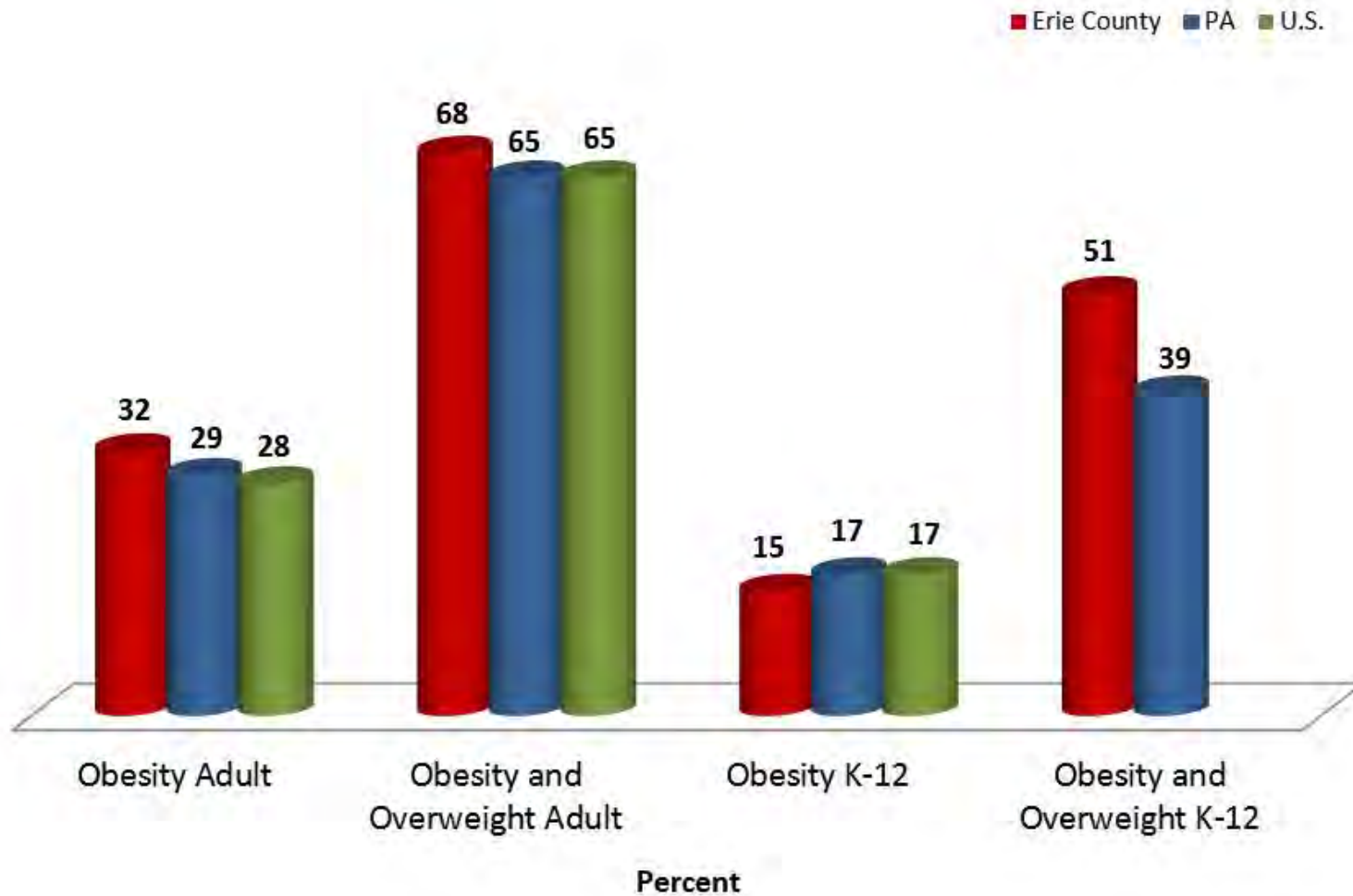


# Chronic Disease



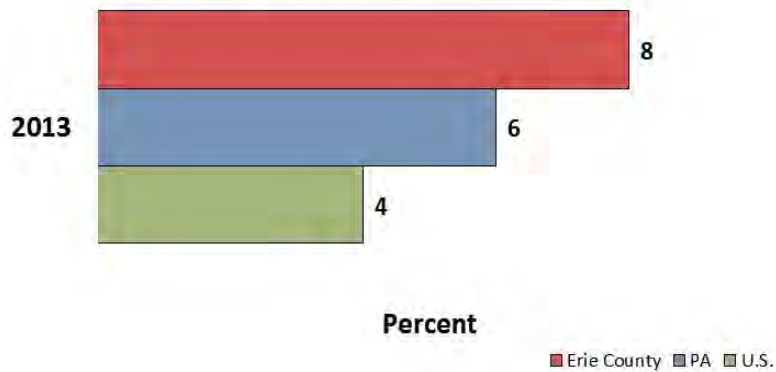
- Obesity 👎
- Cardiovascular Disease 👎
- Diabetes 👎
- Pre-diabetes 👎
- Asthma 👍
- COPD 👎
- Depression 👎

# Chronic Disease - Obesity

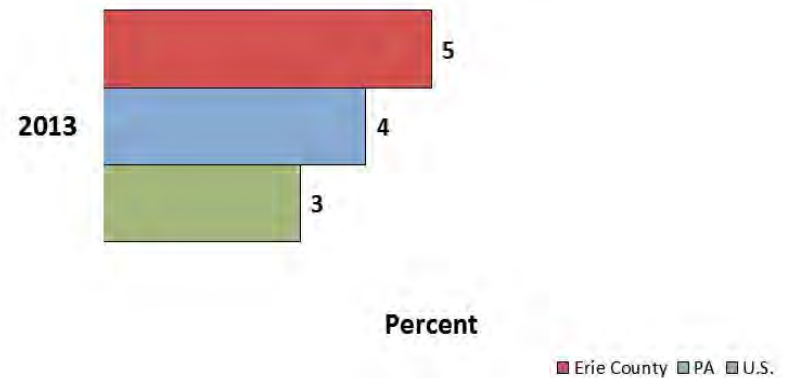


# Chronic Disease - Cardiovascular

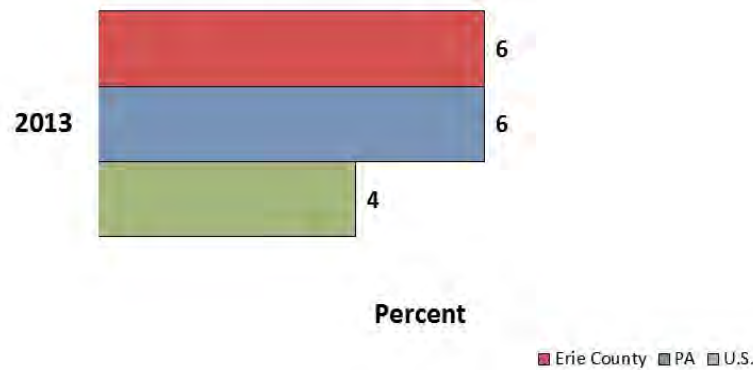
### Coronary Heart Disease, Age 35+



### Stroke, Age 35+



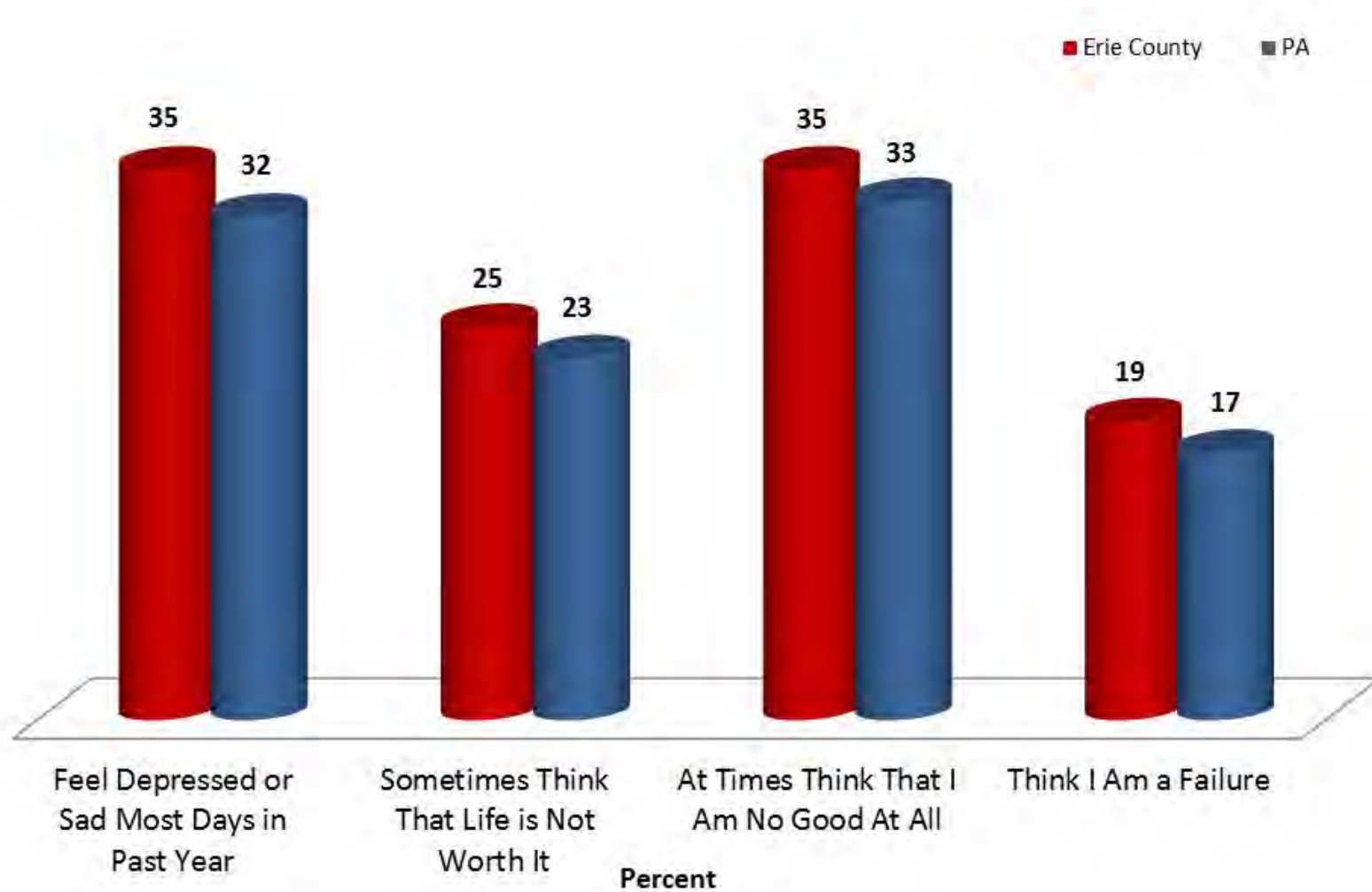
### Heart Attack, Age 35+



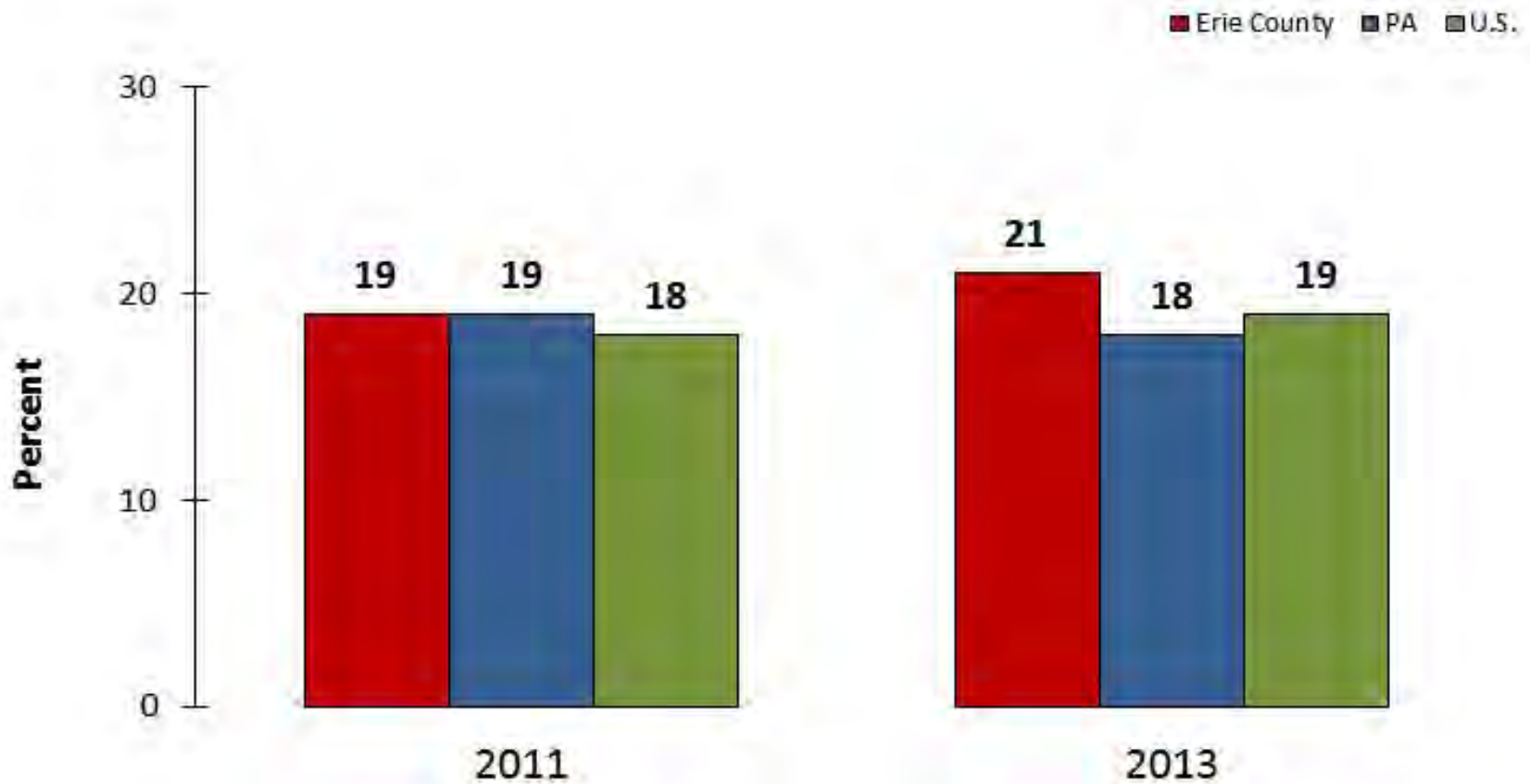
# Chronic Disease - Diabetes



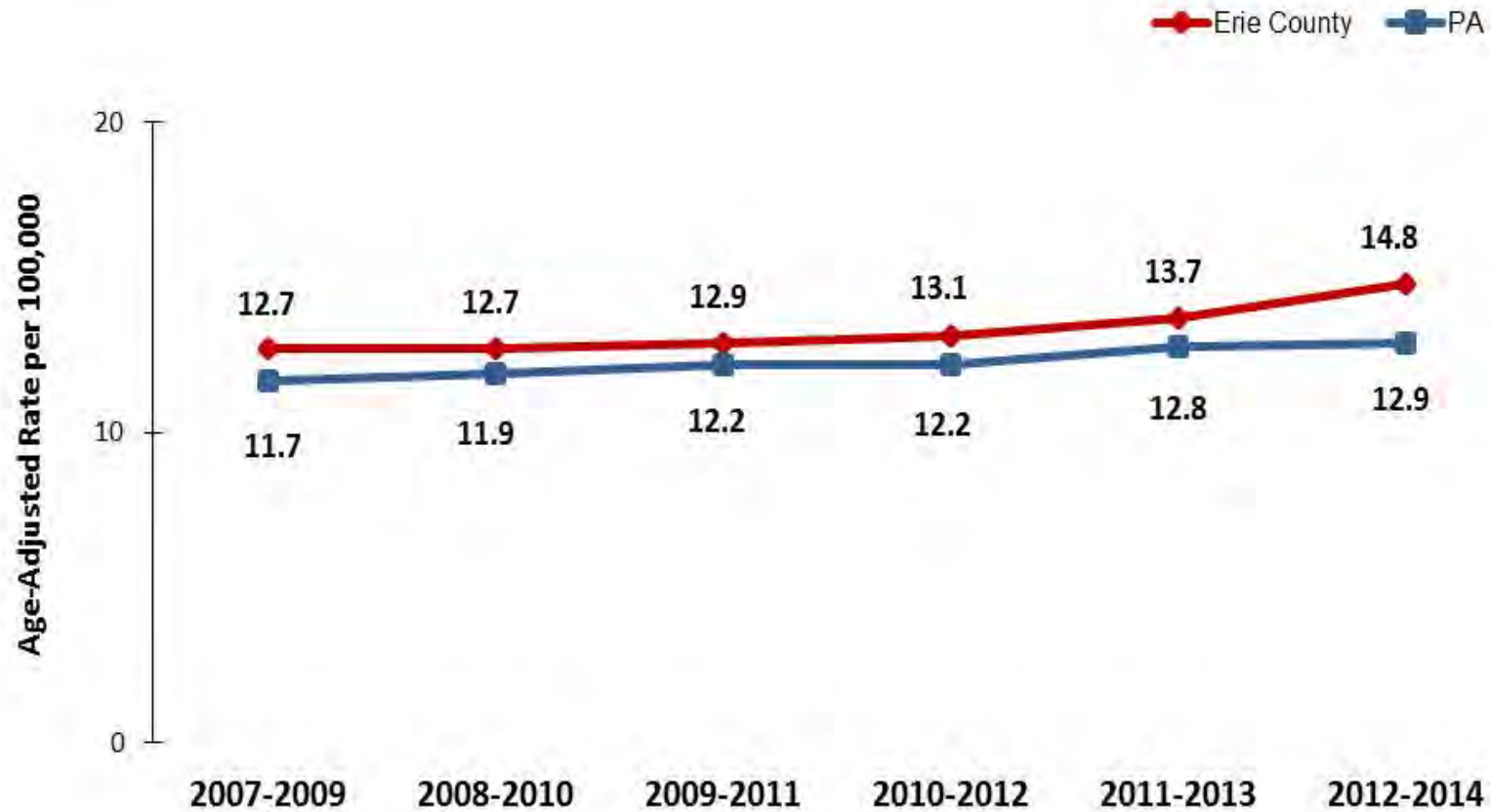
# Chronic Disease – Depression, Youth



# *Chronic Disease – Depression, Adult*



# Suicide Deaths









To learn more about the Erie County Department of Health  
visit our website at

**[WWW.ECDH.ORG](http://WWW.ECDH.ORG)**